



Dove Healthcare

April 2024 Newsletter · Dove Healthcare - South Eau Claire

A Testimonial from Joan Walker



“Thank you, everyone, from the bottom of my heart! The stay here will always be in my memories, as will all of you! All the staff from housekeeping to nutritional services to nursing... just to name a few.... were absolutely wonderful. I would run out of paper to name them all.

I hope to stay healthy, only God knows, but if I ever need a place to go to for physical rehabilitation again, this is the place I want to be.

Joan and her husband being given a ride outside on the trishaw by Mandy, recreation director.

Thank you for an excellent experience and for the kind care you gave me the entire time I was with you!”

Michelle (PTA) and Krista (COTA) shared, “Joan has been such a pleasure to work with. She’s such a hard worker, always willing to try new exercises, and has a great sense of humor. We’re excited that she will be coming back to us for outpatient therapy!”

NO WAITING for Outpatient Physical Therapy

Do not wait weeks to get the care you need today!

Amy and Valerie have **immediate openings for outpatient physical therapy** at Dove Healthcare – South Eau Claire! We can get you started with treatment sessions as soon we complete your insurance / benefit checks. We are in-network for most insurances.

You will appreciate:

- easy access / entrance to our fully equipped gym located right at our front door
- experienced therapists
- up to 1 hour sessions

Call us today with any questions or to schedule an eval: 715.858.2100, ext 17716



Caring for Eau Claire PERSONAL. LOCAL. LOYAL.

Recreation Highlights

THANK YOU VOLUNTEERS . . .

April 21-27 has been set aside as a time to recognize and say thank you to our volunteers. The role of volunteers is an important one in any organization, but I think in a care center such as ours these caring individuals are even more valued.



Our volunteers are vital members of our team and take on many responsibilities and help to bring the community to our residents. They come from diverse backgrounds - students, parents, and retirees. There is always room for people who have the desire to serve! And so, to our volunteers, we say "THANK YOU"! We appreciate your dedication and everything you do to support our ongoing mission *to provide compassionate care and service to meet the needs of those who depend on us.*

To those who want to explore the possibility of serving others, we encourage you to take the next step - **become a volunteer!** If you are interested in joining our team of great volunteers and would like more information, please contact me: 715-895-9050 or malvar@dovehealthcare.com

Our volunteer application process is quick and easy! Just go to our website dovehealthcare.com and go to "Join our Team" and then click on the volunteer page to bring up the online application. We look forward to hearing from you!

Mandy Alvar
Recreation Director

Congratulations, Dove Healthcare – South Eau Claire!

Please help us in congratulating our outstanding team on receiving just one citation on our annual health inspection that ended March 14 by the Wisconsin Department of Health Services!

This is difficult to obtain (national average is 9.2 citations and WI average is 7.6 citations) and speaks to the hard work and dedication our team puts in every day at Dove Healthcare – South Eau Claire.

The overall focus of the survey is to ensure we are providing quality care to our residents. The survey team does this by conducting interviews with employees and residents; observing proper care techniques; reviewing required documentation; and examining existing policy and procedures.

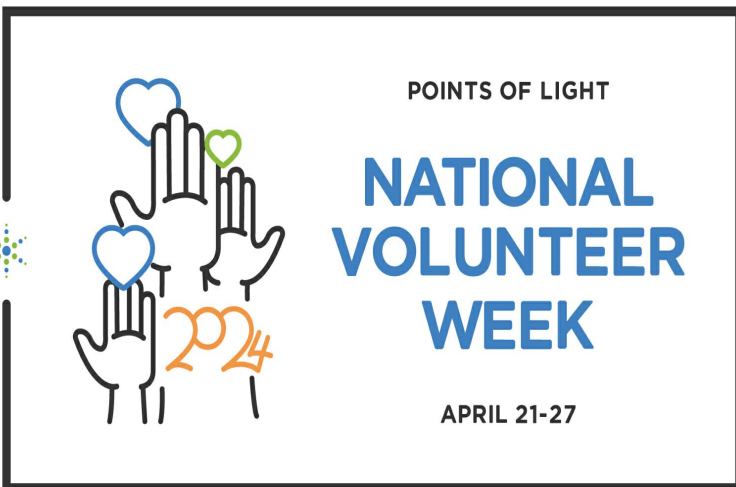
We are so grateful for our ENTIRE TEAM that goes above and beyond each day to provide quality, compassionate, care. We thank our residents (and their families) for entrusting us with their care. It is an honor to know you and care for you!

Dove Healthcare - South Eau Claire

Congratulations
TEAM

AMAZING SURVEY PERFORMANCE!

Annual Health Inspection by WI DHS | Citations:
Dove Healthcare - South Eau Claire = 1
National Avg = 9.2 | WI Avg = 7.6



Congratulations to Bridson Nyakundi our April Employee of the Month



“Congratulations to Bridson, an exceptional leader and CNA on our overnight shift. Bridson is a self-directed individual who is highly effective in completing his duties with minimal direction and oversight. His co-workers tell me they love working with him, that he is always happy, and that they wish they could clone him. He is not afraid to ask

questions and is a great communicator, always keeping the nurses informed about the residents he cares for.

Thank you, Bridson, for everything you do for us and our residents. You are a shining example of what it means to be Employee of the Month,” shared Director of Nursing Shane Renner.

Bridson responded, “What a coincidence! It's a great and special way to celebrate my first anniversary as a CNA and at the same time, working at Dove Healthcare - South Eau Claire. I am thankful to the entire great Dove Healthcare team I always work with because without them I can't perform my duties as required of me alone. They are always ready to help when the need arises. It's a great honor, humbling to be recognized and appreciated for all I do by the Dove Healthcare family, including the residents I care for. I am thankful for this and thank God for guiding me to do my best everyday. Thank you, all!”

Way to go, Bridson! We are so grateful to have you on our team.

Congratulations to Tony Strauss our April Rookie of the Month



“Tony has been with us for almost two months now and has quickly proven to be a great addition to our team! He is competent and reliable and enjoys interacting with our patients and employees. I look forward to working with him for a **very** long time,” shared Environmental Services Director Aaron Grangaard.

Tony responded, “Recently starting a new position at Dove Healthcare - South Eau Claire has quickly become something very positive in my life. The staff have been very welcoming and inviting, and I have quickly felt like part of the team. All in all, it's been great, and I'm excited for my future experiences here!”

We're so glad you're here, Tony! Keep up the great work!

“When I arrived at **Dove Healthcare – South Eau Claire** following hospitalization for a fall, I could do very little for myself. I started physical and occupational therapy, and nurses visited every day.

I truly felt that the staff in every department was **vested in my recovery**. This place has amazing staff members: **compassionate, knowledgeable, and a pleasure to work with**.

Justice and Eli, the CNAs most often assigned to me, were the **rock stars of my rehabilitation**. They cheered me on at every milestone and encouraged me when I hit a frustrating plateau.

Rita from therapy walked with me, and we shared stories of our beloved dogs. **Those walks were the highlights of my day**.

Mandy kept me in books, magazines, and music cd's no matter how often I ran out, and **brightened the room with her laughter** - to say nothing of the giant plastic unicorn.

And the kitchen! Those awesome, fresh salads! **And where else do you get bacon for breakfast every day?**

PT, OT, social work, and my case manager did a great job of preparing me for discharge and making sure the assistive devices I would need at home were ready the day I went home.

I have **all good things to say** about my stay at Dove Healthcare – South Eau Claire. While I hope to never have to go back, if I ever do need rehab again, I hope there will be an opening for me.”

-Cheryl Cutsforth | February 29, 2024



Foundation Fundraiser a HUGE Success

Check out these amazing moments from the **Dove Healthcare Community Foundation's 2024 Polar Bear Plunge**. Our foundation's goal was to raise \$20,000, and we more than surpassed that coming in at over \$30,000 thanks to so many generous donors and sponsors. We are excited to expand **Cycling Without Age** and other initiatives.

Special recognition to contest winners:

- Most pledges raised by individual jumper: **Jeremy Kiley** (with **Cayci Young** in 2nd place)
- Most pledges raised by a team: **Dove Healthcare – Barron and Rice Lake**
- Most pledges raised by a chicken jumper: **Scot Schmock**
- Best costume (voted by residents of Dove Healthcare – Bloomer): **The Pirates**

A BIG thank you to:

- **Bloomer Fire & Paramedics** for being a part of the day to ensure everyone's safety coming out of the COLD water
- **Sebastian Pannell** for photographing all the fun moments
- **Roxie** for announcing the jumpers
- **Harms Way Bar & Grill** for donating pizza
- **Bloomer Bakery** for donating cookies
- **Development Specialist Michelle Farrow** for setting us up with an online registration/fundraising platform
- **Board Chair Joe Muench** for chairing the event

- OUR 2024 SPONSORS:

Christensen Group Insurance
Custom Medical Solutions
First Net Impressions
HealthDirect Pharmacy Services
Hoeft Builders, Inc.
WJMC-FM
Kings Valley Lutheran Church
Marco
Northwestern Bank
Quality Care Staffing Solutions
Security Bank
Midwest Mortgage Team - Union Home Mortgage



POLAR BEAR PLUNGE

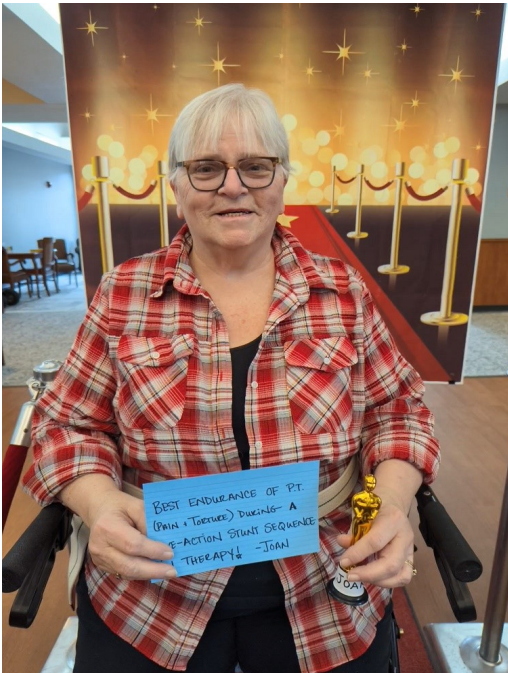


That's David, our administrator!



2024 D'Oscars!





A BIG Round of Applause for Chippewa Valley Irish Dancers!

This very talented group performed different styles of Irish dances from traditional jigs to variations of hard shoe and soft shoe dances, explained the context, culture, and history of the different dances, and they even instructed how to do the steps by using their hands and then demonstrating with the residents. We are so thankful for them and sure hope they plan to come back again someday. We had a lovely time!





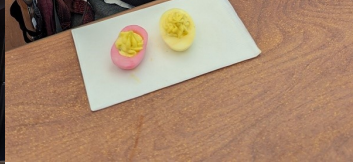
St. Patrick's Day Party with Gold Coin toss!!





March Music Memories





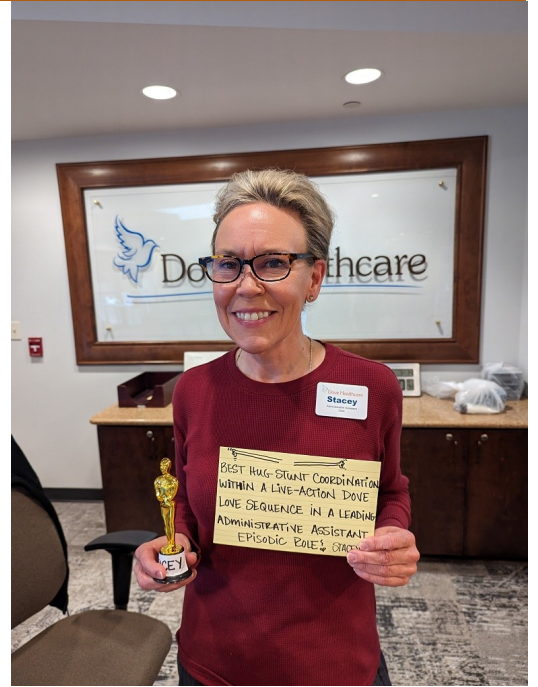
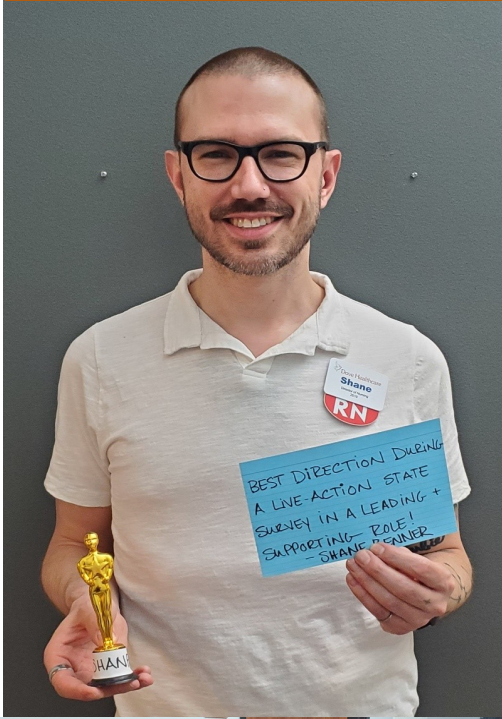
Deviled Colored Eggs for Easter



*Dying Hard
Boiled Easter
Eggs to Eat:
Yum & Fun!*



Team Highlights





better brain **FRIDAYS**

Community Room

Dove Healthcare - West Eau Claire
1405 Truax Blvd, Eau Claire
10:00 - 11:30 AM

May 17, 2024

What Do Medicines Do to/for Our Brain Health As We Age

Joan Hamblin, MD

The aging brain may process your medicines differently and may accelerate or protect your brain's aging. What happens when you mix medicines? Can you discontinue medicines and how?

May 31, 2024

Keeping You Safe: Understanding Fraud and Scams for Better Brain Health

Taylor Tarrus, APRP, Fraud Manager, Royal Credit Union

Fraud and scams can lead to significant financial losses, impacting savings and financial security. Join Taylor to learn more about ways you can protect yourself and prevent fraud, as well as what steps you can take if you encounter a scam.

June 14, 2024

Intro to the Enneagram

Geri Krause, MS, LPC-IT

The enneagram is an ancient personality typing system which explores nine types rooted not so much in temperament, but in our core motivations - WHY we do what we do. In this concise intro presentation, we'll explore the basics of what it is, how we can use it as a tool for our own personal self-awareness/growth, as well as see how it can open insights with our friends and family.

June 28, 2024

Deep Dive Into the Foods We Eat

Danielle Krueger, RDN, MS, CD
Mayo Clinic Health System

We'll take a trip into some of the foods we eat and look further into how some things are made and what they are made of. Are there certain things we should be looking for when planning our meals to best meet our health needs? Come and find out!

July 12, 2024

Managing and Coping with Change

Jean M. Jirovac, MSMFT, Retired Marriage and Family Therapist

Learn ways to move beyond the fear that often accompanies change. We will explore the fear of uncertainty and unpredictability in our lives and the effects it can have on our mental health. We will learn ways to cultivate a flexible mindset that leads to personal growth and strategies to embrace change as an opportunity to experience and learn new things.

July 26, 2024

Aging and the Creative Mind: Cultivating Wisdom in Later Life

Trisha Lundin, LPC, LTR, Healing Art Eau Claire

This interactive, hands-on presentation will explore benefits related to creative activity in later life. Participants will gain insight into how expressive engagement supports the brain and mind, as well as social relationships in face of aging and decline. Research and theory into the role of visual arts and storytelling as a healing resource, for both present and future generations, will be outlined.

August 9, 2024

What Does Your Social Life Have to do with Brain Health?

Tom Kidd, Speaker, Trainer, Author

Socialization (social wellness) is one of the eight dimensions of our health. These eight dimensions are key to your overall wellness. Social interaction has been proven to be good for the brain, and we all have an endless source of that needed stimulation! Attend and "hang out" with other "seenagers"!

August 30, 2024

It's a Wrap!

Lisa Wells, MA, Aging & Disability Resource Center (ADRC)

Another year of better brain health! Let's pull it all together and discuss key learning points from each webinar and put it into practice! In this webinar you will also have an opportunity to help "brainstorm" and plan for our 2025 brain health series.

Series Sponsored By:



No RSVP Needed. Park in the 2nd floor parking lot & enter Community Room doors.

**Contact the ADRC with questions:
715-839-4735 or adrc@eauclairecounty.gov**



April Recreation Calendar 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>POINTS OF LIGHT NATIONAL VOLUNTEER WEEK APRIL 21-27</p>	<p>April Fools Day 1</p> <p>9:00 Morning Visits 11:00 Music in Motion 3:00 Music: Larry Radle (guitar & vocals)</p>	<p>9:30 Coffee Clutch & Morning Devotions 11:00 Music in Motion 3:00 Happy Hour</p>	<p>9:00 Morning Visits 11:00 Music in Motion 1:30 Catholic Communion 2:30 Bingo</p>	<p>Hair Salon Day 4</p> <p>9:00a-5:00p Hair Salon 9:30 Coffee Clutch 1:00-4:00 Manicures</p>	<p>9:00 Morning Visits 11:00 Music in Motion 2:30 Baking Club: Homemade Cinnamon Rolls</p>	<p>10:30 Messiah Lutheran Church Service 1:30 Afternoon Games</p>
<p>7 (Family Time)</p>	<p>8</p> <p>9:00 Morning Visits 11:00 Music in Motion 1:30 Concordia Lutheran 3:00 Hymn Sing</p>	<p>9:30 Coffee Clutch & Morning Devotions 11:00 Music in Motion 3:00 Happy Hour & Resident Council</p>	<p>10</p> <p>9:00 Morning Visits 11:00 Music in Motion 1:30 Catholic Communion 2:30 Bingo</p>	<p>Hair Salon Day 11</p> <p>9:00a-5:00p Hair Salon 9:30 Coffee Clutch 1:00-4:00 Manicures Dog Therapy Appreciation Day</p>	<p>12</p> <p>9:00 Morning Visits 11:00 Music in Motion 1:00-4:00 Outing with UWEC Students: Chippewa Falls Museum</p>	<p>13</p> <p>10:30 Messiah Lutheran Church Service 1:30 Afternoon Games</p>
<p>14 (Family Time)</p>	<p>15</p> <p>9:00 Morning Visits 11:00 Music in Motion 1:00 Women's Auxiliary Scandinavian craft 3:00 Birthday Club</p>	<p>9:30 Coffee Clutch & Morning Devotions 11:00 Music in Motion 3:00 Happy Hour</p>	<p>17</p> <p>9:00 Morning Visits 11:00 Music in Motion 1:30 Catholic Communion 2:30 Bingo</p>	<p>Hair Salon Day 18</p> <p>9:00a-5:00p Hair Salon 9:30 Coffee Clutch 1:00-4:00 Manicures</p>	<p>19</p> <p>9:00 Morning Visits 11:00 Music in Motion 3:00 Music: Johnny Lynch (guitar & vocals)</p>	<p>20</p> <p>10:30 Messiah Lutheran Church Service 1:30 Afternoon Games</p>
<p>21 (Family Time) National Volunteer Week April 21-27</p>	<p>22</p> <p>Earth Day 9:00 Morning Visits 11:00 Music in Motion 1:00 Humane Assoc. 3:00 Music: Second Wind Singers</p>	<p>National Picnic Day 23</p> <p>9:30 Coffee Clutch & Morning Devotions 1:30 Spirit Lutheran 11:00 Music in Motion 3:00 Happy Hour</p>	<p>24</p> <p>FOOT CLINIC DAY 9:00a-2:00p Foot Clinic 11:00 Music in Motion 1:30 Catholic Communion 2:30 Bingo</p>	<p>Hair Salon Day 25</p> <p>9:00a-5:00p Hair Salon 9:30 Coffee Clutch 1:00-4:00 Manicures Hairstylist Appreciation Day</p>	<p>National Arbor Day 26</p> <p>9:00 Morning Visits 11:00 Music in Motion 2:30 Music: Dusty E. (vocals/guitar) 4:00 Koda the Dog Visits</p>	<p>27</p> <p>10:30 Messiah Lutheran Church Service 1:30 Afternoon Games</p>
<p>28 (Family Time)</p>	<p>29</p> <p>9:00 Morning Visits 11:00 Music in Motion 1:00 Tucker the Dog 3:00 Crafting Corner with Judy</p>	<p>International Jazz Day 30</p> <p>9:30 Coffee Clutch & Morning Devotions 11:00 Music in Motion 3:00 Happy Hour</p>	<p>The hair salon is available from 9AM-5PM on Thursdays. Please contact recreation for assistance in making an appointment.</p>	<p>The recreation calendar is subject to change based on resident needs, interests, and current infection control guidelines.</p>		

Find us on **Facebook**



Dove Healthcare - South Eau Claire