

April 2024 Newsletter · Dove Healthcare - Fennimore

A Message from Social Services

Hello,

I wanted to let everyone know that I will be out of the office on medical leave from April 5 - May 17. I plan on returning back to work on Monday, May 20. During this time, please reach out to Director of Operations Joe Muench, the interim director of nursing, or the unit charge nurse with any questions or concerns.

Let's talk about the month of April. As the old saying goes, April showers bring May flowers. I hope that we can start to enjoy the nice weather and get ready for our gardens soon.

I also love the month of April due to this being my birthday month! My favorite birthday cake is carrot flavor, and I love to make my own. Please see page 2 of this newsletter for my favorite birthday cake recipe. The secret ingredient is always love. Enjoy!

Happy Spring!

Angela Dudenbostel Social Services and Admissions Director Dove Healthcare - Fennimore 608-822-6100 angela.dudenbostel@dovehealthcare.cor

Congratulations to Matt Hoffman! April 2024 Employee of the Month



Matt is our maintenance director, and he has hit the ground running since he joined our team. He is always willing to help our residents with anything they need, and he does it with a smile.

Matt shared, "I enjoy working for Dove Healthcare -Fennimore because I believe in helping people and doing

things for others no matter how big or small the task."

We appreciate everything Matt has done for our employees and residents. His hard work and dedication are amazing.





Featured Recipe from Angela: Carrot Cake

Cake:

1 - 1/4 cups unsweetened applesauce or oil

2 cups of sugar

3 eggs room temperature

2 cups all-purpose flour

1 teaspoon baking soda

1 - 1/2 teaspoon baking powder

1/2 teaspoon salt

1 teaspoon cinnamon

2 cups grated carrots

1 cup chopped nuts optional

1 tsp vanilla

1 cup shredded sweetened coconut

1 cup Dole crushed pineapple (not drained)

Cream Cheese Frosting:

1/2 cup butter softened

8 ounces cream cheese softened

1 teaspoon vanilla

1 pound powdered sugar

top with toasted pecans or coconut if desired

Instructions:

Preheat oven to 350 degrees.

Combine ingredients.

Pour into a lightly greased 9x13 or two 9 inch pans. Coat with nonstick baking spray.

Bake for 35-40 minutes for the 9x13 pan or 25-30 minutes for the 8 inch pans.

You're looking for an inserted toothpick to come out clean.

Let cakes cool for 10 minutes in the pan and remove to a cooling rack and let it cool completely.

For the Frosting:

Beat the butter and cream cheese until nice and fluffy. Add in the vanilla and powdered sugar and beat until nice and smooth.

Apply frosting and spread.

Garnish with shredded coconut and nuts optional. Refrigerate for an hour before serving.

VOLUNTEER



National Volunteer Week

While we celebrate National Volunteer Week April 21-27, we are grateful for our volunteers all year round! Volunteers are a cornerstone to our care center, meeting resident needs through their generous devotion of time, friendliness, and compassion. We will take this time to share a big "Thank You" to our volunteers, and recognize the impact they make in our Dove Healthcare community!

If you or someone you know is interested in volunteer opportunities to play games, assist with church, read, do crafts, and/or spend time with our residents in any capacity, please complete the **online volunteer application on our website dovehealthcare.com**. Go to "Join our Team" and then click on "Volunteer". Whether one day a week, a month, or year - we welcome your time, anytime!

Contact Recreation Director Cathie Robinson with any questions. 608-822-6100, ext. 29416 or catherine.robinson@dovehealthcare.com





Follow Us on Facebook!

facebook.com/dovehealthcarefennimore

If you're not already following us on Facebook, we invite you to check out the page and consider following it to stay connected with all of the wonderful activities that take place here! Please also invite your loved ones near and far to follow the page too. We'll always share some photos in our monthly newsletter; Facebook is just a great way to keep in touch.

Do You Have a Loved One Residing at Dove Healthcare?

MESSAGE A RESIDENT

We invite you to try out a communication tool on our website and surprise your

loved one with a special greeting. Scroll to the bottom of any page on dovehealthcare.com and click on the button "Message a Resident". Just fill out the fields provided and your message will be emailed to a designated employee at the location you select. They will then print and deliver the message to your loved one. Give our recreation department a call if you have any questions.

Recognize a Dove Healthcare Employee

RECOGNIZE AN EMPLOYEE

We invite you to recognize a Dove Healthcare employee who went

above and beyond in their work during your time with us.



Scan QR code, or visit dovehealthcare.com/recognize today. Please be specific and briefly explain how the employee went above and beyond. Did they exceed the needs of a resident? Did their attitude and actions

promote a positive experience? Your message will be printed and delivered to the Dove Healthcare employee within a week. We look forward to hearing from you.

A Minute With Maintenance

Did you know that there are over 3,300 fires each year due to the use of extension cords and power strips? This is why we do not allow the use of extension cords <u>or</u> power strips at Dove Healthcare.



Every outlet or receptacle is only able to handle a certain load. By using a power strip and plugging in multiple appliances, there is a risk of overloading that circuit. If you're lucky, when the overload occurs there is a circuit breaker that will trip cutting off electricity to the overload. However, the result could also be ruining all the items plugged into that circuit or even a fire.

Most inexpensive power strips you find at the store are not UL listed. This means they have not been put through independent testing to ensure their safety. A lot of these are also built with cheap components and have no overload protection in place. Furthermore, all the outlets in our building have to be hospital grade. This is shown by a green dot on the face of the outlet. The hospital grade receptacles are built to a higher quality to withstand the use of medical equipment. By using a power strip, the higher quality of the hospital grade receptacle is rendered useless.

If for some reason there is a need for more outlets, please let us know. We will figure out a way to provide additional outlets, while being safe and adhering to state/federal codes. If our team does find a power strip, it will be removed to ensure the safety of our residents, employees, visitors, and building. Thank you.

Article Contributed by Brent Swan, Maintenance Technician for Dove Healthcare - Rice Lake

Memories from the Month

We enjoyed our St. Patrick's Day party in March. Lots of green and grasshoppers to go around!













Easter Bunny visits and live music by The Guthrie's!



















	Saturday	9
24	Friday	
Calendar 2024	Thursday	V
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	Sunday	

70	6 ities	13 rcise	20 ities	27 ities	ndar ge seds,
Saturday	Independent Activities	13 10:00 Morning Exercise 11:00 Baking 2:00 Drumming	20 Independent Activities	2. Independent Activities	The Recreation Calendar is subject to change based on resident needs, interests, and current infection control guidelines.
Friday	5 10:00 Morning Exercise 11:30 Devotions 2:00 Food Committee 5:30 Movie	12 10:00 Morning Exercise 11:30 Devotions 2:00 Happy Hour 5:30 Movie	19 10:00 Morning Exercise 11:30 Devotions 2:00 Euchre 5:30 Movie	26 10:00 Morning Exercise 11:30 Devotions 2:00 Happy Hour 5:30 Movie	The Hair Salon is available from 1:00pm to 5:00pm every Thursday. Please contact recreation staff for assistance in making appointments.
Thursday	4 10:00 Morning Exercise 11:30 Springtime Memories 2:00 Flower Craft 3:00 Communion	11 10:00 Morning Exercise 11:30 Garden Planning 2:00 UNO 5:30 Movie	National Exercise Day 18 10:00 Morning Exercise 11:30 Reminiscing 2:00 Drumming 3:00 Communion 5:30 Movie	25 10:00 Morning Exercise 11:30 Music and Memory 2:00 Summer Craft 5:30 Movie	Service Section 19 and
Wednesday	3 10:00 Morning Exercise 11:30 Devotions 2:00 Resident Council 5:30 Movie	10:00 Morning Exercise 11:30 Devotions 2:00 Science Experiments 5:30 Movie	17 10:00 Morning Exercise 11:30 Devotions 2:00 Outdoor Conversations 5:30 Movie	24 10:30 Storytime w/Library 11:30 Devotions 2:00 Left-Center-Right 5:30 Movie	ARBOR DAY
Tuesday	2 10:00 Morning Exercise 11:30 Music and Memory 2:00 Lou Oswald Performs 5:30 Movie	9 10:00 Morning Exercise 11:30 Coffee & Conversation 2:00 Word Games 5:30 Movie	16:00 Morning Exercise 11:30 Coffee Clutch 2:00 Sing-A-Long 5:30 Movie	National Picnic Day 23 10:00 Morning Exercise 11:30 Discussion Group 2:00 Protestant Church 5:30 Movie	International Jazz Day 30 10:00 Morning Exercise 11:30 Name That Tune 2:00 Manicures 5:30 Movie
Monday	April Fools Day 1 10:00 Morning Exercise 11:30 Devotions 2:00 Bingo 5:30 Movie	8 10:00 Morning Exercise 11:30 Devotions 2:00 Bingo 5:30 Movie	15 10:00 Morning Exercise 11:30 Devotions 2:00 Bingo 5:30 Movie	Earth Day 22 10:00 Morning Exercise 11:30 Devotions 2:00 Bingo 5:30 Movie	29 10:00 Morning Exercise 11:30 Devotions 2:00 Bingo 5:30 Movie
Sunday	Happy Faster	National Beer Day 7 Independent Activities	14 10:00 Morning Exercise 11:00 Current Events 1:00 Rosary 2:30 Manicures	21 Independent Activities	28 Independent Activities



