




## What is an Alzheimer's Association Support Group?

A support group is a safe place to learn, offer and receive helpful tips and meet others coping with Alzheimer's disease or other dementia. Meetings typically take place monthly, and are always free, and are open to the public. At this time all meetings are **virtual**.

**Register:** To register for a support group: **Contact the 24/7 Helpline 800.272.3900 or Visit [www.alz.org/crf](http://www.alz.org/crf)**

You will receive connection information after you register. For information on Support Groups in Spanish, contact 414.431.8811.

Statewide Virtual Support Groups		alzheimer's  association®
Support Group	Day	Time
For Persons Living with Mild Cognitive Impairment (MCI)	2 <sup>nd</sup> Wednesday	10:00-11:30 am
General Family Caregivers	Every other Tuesday	5:30-7:00 pm
Family Caregivers for a Loved One with Dementia Living at a Facility	Every Friday	10:00-11:30 am
Male Family Caregivers	3 <sup>rd</sup> Wednesday	5:30-6:30 pm
Family Caregivers for a Loved One with Dementia in the Early Stages	2 <sup>nd</sup> Tuesday 4 <sup>th</sup> Tuesday	9:30-11:00 am 10:00-11:30 am
Family Caregivers for a Loved One with Frontotemporal Degeneration (FTD)	3 <sup>rd</sup> Wednesday	6:00-7:30 pm
Grief & Bereavement Support Group	For persons who have experienced the death of their loved one affected by Alzheimer's disease or related dementia. Family members express they have grieved the loss of their loved one twice. Their initial grief often begins when the person experiencing the disease is no longer the individual that they were and the second time when death occurs. This Support Group will help provide bereaved individuals with a non-threatening atmosphere to explore feelings, emotions and needs. Call Shai Wise at 414.775.7578 for upcoming date and details	